

# OUTLINE OF NIIGATA COLLEGE OF NURSING

新潟県立看護大学概要



# 建学の精神

The founding spirit of  
Niigata College of Nursing

ゆうゆう・くらしづくり

Establishment of comfortable and high quality lifestyles

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Niigata College

## 学長挨拶

Message from the President

本学は「ゆうゆう・くらしづくり」を建学の精神に掲げ、「地域文化に根差した看護学の考究」を教育研究の使命として2002年に開学、新潟県内はもとより全国に多くの看護師・保健師・助産師を送り出してきました。

看護にとって大切なのはひとを思いやる心であり、命の大切さ、ひとの喜びや悲しみを分かちあえる豊かな心を育てることを教育目標の一番に挙げています。1年次から少人数制の教育を取り入れ、主体的な学び方を修得し、早期から地域社会の人たちと交流するフィールドワーク実習を行っています。専門に入ると看護専門職に必要な知識、技術を学習し、実習を通して看護実践力をつけていきます。最終4年次には一つのテーマについて研究プロセスを経て探求する卒業研究があります。

本学は単科の看護大学ですが、「看護職になる！」という共通目標をもつ仲間との学びあい、学生・教職員間の近さから丁寧な教育支援体制があることが強みです。一方、市内にある上越教育大学との交流、ベトナムとニュージーランドの大学および医療機関との提携による海外研修プログラムなど、国内外へ視野を広げる教育を推進しています。本学は2018年に大学院修士課程に続く博士後期課程を開設しました。現在、日本では、大学、さらに大学院で看護を学んだ看護専門職への期待は高まる一方です。看護専門職に求められる生涯学習の出発点を本学において看護を追究し続ける力を培って欲しいと願っています。



小泉 美佐子 / MISAKO KOIZUMI  
Chair of the Board/ President

小泉 美佐子

Niigata College of Nursing has launched the career of many nurses, public health nurses and midwives both within Niigata prefecture and all across Japan since our inauguration in 2002 with the educational and research mission of "nursing study rooted in the local community culture", and with the founding spirit of "establishment of comfortable and high quality lifestyles".

Compassion is a core factor in nursing, and the fostering of a rich heart that can share in people's joys and sorrows and value the importance of life is at the top of our educational goals. From the first year of study, we incorporate a system of small group learning, and support the acquisition of skills of self-directed learning, and from early on in their studies, practical fieldwork studies are conducted where students interact with members of the community. After entering nursing specialties, students are taught the specific knowledge and skills required for the nursing profession, and through clinical training, the students continue to develop their practical nursing skills. In their final year of study, fourth year students complete a dissertation by exploring a theme through following a research process.

It is a strength of our nursing college that we are able to deliver attentive instruction through the closeness of faculty staff and students, and that students learn from each other with the common goal of being a nurse.

Furthermore, we promote education that broadens our students' horizons both domestically and globally, including exchanges with Joetsu University of Education, here in Joetsu city, and through overseas training programs with partner universities and medical institutions in Vietnam and New Zealand. In 2018, our university established a doctoral course which follows on from the graduate school master's program. Currently, in Japan, there is an increasing expectation for nursing professionals to have studied nursing at a university or further, a graduate school. It is our hope to cultivate the ability to continue pursuing nursing, with our university as the starting point of the lifelong learning that the nursing industry now demands.

Misako Koizumi

基本情報 Basic Information	看護学部 Undergraduate Nursing	大学院 Graduate School of Nursing	
		博士前期課程 Master's Program	博士後期課程 Doctorate Program
修業年限 Duration of Program	4年 4 years	2年（最長3年） 2 years (up to max. of 3 years)	3年（最長6年） 3 years (up to max. of 6 years)
入学定員 Annual Admission Capacity	95人 95 students	15人 15 students	3人 3 students
収容定員 Total Enrollment Capacity	380人 380 students	30人 30 students	9人 9 students

of Nursing

# 看護学部 Undergraduate Nursing



## 看護学部がめざすこと

### Aims of the Undergraduate Nursing Program

1  
いのちの大切さ、  
ひとの喜びや悲しみを  
理解できる豊かな人間性。

看護にとって何よりも大切なこと、それは「こころ」です。新潟県立看護大学では、人の喜びや悲しみをわかちあえる豊かなこころを育てます。

A richness of humanity that understands the importance of life, and people's joy and grief alike

In nursing, nothing is more important than the 'heart and mind'. At Niigata College of Nursing, we foster generous hearts and minds that can share the happiness and sadness that people feel.

2  
あらゆる生活場面に  
対応できる技術と知識、  
そして科学的判断力を  
養います。

深い洞察力をもって自己成長への志向を育むとともに、基礎的・先進的知識と技術を学ぶことにより、多様に変化する人々の健康と時代のニーズに柔軟に対応できる人材を養成します。

The knowledge and skills to deal with any situation in life, and the development of abilities in scientific judgment

Along with fostering an orientation toward self-improvement through deep insight, and by teaching students both basic and advanced knowledge and techniques, Niigata College of Nursing develops human resources that can respond flexibly to the needs of the times and the health of people whose lives change in a variety of ways.

3  
看護を保健・医療・  
福祉の総合的な角度から  
見つけ、コーディネート  
できる能力を身につけます。

保健・医療・福祉の総合的な視野を持ち、関連分野の人々と連携・協力して行われる実践を通して、全体を調整・管理できる能力を身につけます。

The acquisition of the ability to co-ordinate multi-disciplinary effort by viewing nursing holistically from the perspectives of health, medicine and welfare

With perspectives that integrate health, medicine and welfare, students develop the capacity to manage and regulate situations on a holistic basis through practices that reflect cooperation and co-ordination with people in associated fields.

4  
コミュニケーション  
能力を養い、  
社会の変化を察知する。

多様化する情報を的確に捉え、自らも学習を積み重ねながら正しく発信する能力を身につけます。

Cultivating communication skills and sensitivity to social change

Through interpreting diversified information accurately, students gain skills in authentic communication while building on their own learning.

5  
グローバルな視野で  
物事を考えることの  
できる、国際派の人間に。

地域や国を越え、看護の活躍の場がますます広がる中、語学力とともにこれからの国際社会で活躍できる人材を育てます。

Developing people who are internationally minded and who perceive the world with a global perspective.

The nursing field continues to broaden, crossing communities and borders. Niigata College of Nursing, through strengthening and supporting language skills, fosters human resources that can play an active role in the international community.

## 教育課程の編成方針と卒業認定方針

### The curriculum policy and graduation policy of the undergraduate nursing educational program

本学の教育課程は、教育理念に基づく教育目標を達成するために、2009年から教育課程を基礎科目、専門支持科目、専門科目により編成しました。

基礎科目は、豊かな人間性の涵養と総合的判断力、コミュニケーション能力の土台となる多様な視点を育成することを目的として編成しています。

専門支持科目は、人間を巡る自然環境や社会環境との相互作用の中で生ずる健康現象を深く理解し、看護活動の判断を養成することを目的としています。

専門科目は、多様な対象に対応し、「その人らしい健康生活」の実現を重視した看護実践に必要な専門知識や技術、その展開方法などを学びます。さらに看護をめぐる現代的課題に対応し、看護学の課題を実践的・学際的に探究できる力を養成する統合・探究などの科目を配置しています。

From 2009, the curriculum of our university has been organized into foundation subjects, subjects supporting specialization, and specialized subjects in order to achieve the educational goals based on our adopted educational philosophy.

Foundation subjects are organized with a view to fostering diverse perspectives that form the base of communication skills and the cultivation of rich humanity and the ability to make sound judgments.

Subjects supporting specialization are aimed at the development of an in-depth understanding of the health phenomena that occur through interaction with the social and natural environments surrounding human beings, and the fostering of judgment with regard to nursing activities.

Through specialist subjects, students respond to diverse situations and learn the specialist knowledge and techniques and methods of implementation needed in the practice of nursing that emphasizes the realization of "individual health needs".

2016年にディプロマ・ポリシーを制定し、次の能力を身につけた学生に学士（看護学）の学位を授与することとしています。

1. 専門職としての人間愛と高い倫理観を身につけている。
2. 人々の健康と生活を総合的にとらえ、生活の向上にむけた関わりの手法を身につけている。
3. さまざまに異なる健康状態に応じた看護の実践力を身につけている。
4. 看護の専門性をもちながら、多職種と連携・協働しながら保健医療福祉を発展させる能力の基礎を身につけている。
5. 看護専門職として国際的な視野に基づき、看護の課題に取り組む態度と能力を身につけている。
6. 生涯にわたって看護の発展と看護専門職としてのキャリア開発のために主体的に向上させていく能力を身につけている。

In line with our diploma policy established in 2016, students who have gained the following skills and abilities will be conferred a Bachelor's degree of Nursing.

1. A high level of compassion and ethical sensibility as a professional.
2. A comprehensive view of people's health and lifestyle, and the ability to interact with people with the aim of improving quality of life.
3. The practical nursing ability to adapt to widely ranging health conditions.
4. The fundamental abilities to cooperate and collaborate with a wide range of professional disciplines while maintaining the specialised nature of nursing, to further develop healthcare and welfare.
5. The attitude and ability as a nursing professional necessary to deal with the various issues of nursing, from an international perspective.
6. The abilities necessary to proactively advance the field of nursing, and the profession of nursing over one's lifespan.

## 教育方法の特色

### The special characteristics that mark education at our university

- (1) 早期から地域社会の人々と交流するプログラムを組み込み、生活者に対する洞察力・想像力を教育研究に反映させます。
- (2) 早期から専門科目、実習科目を組み込み、看護への関心を高めることとします。
- (3) 1年次より少人数ゼミナール教育を組み込み、質の高い対人交流能力を修得させるとともに、生涯学習の態度と基本的な知的探求の技術を修得することを目指します。
- (4) 授業科目を精選し、学生の自らの興味に基づく、主体的な知的探求時間を確保します。
- (5) 総合的な科目を配置し、1つのテーマを巡る多角的な視点と探求方法の違いを学び学際的な感覚を養います。
- (6) 専門科目では、実践的な能力を身につけることを重視し、実践基礎看護学を基礎看護学から独立させ、看護援助の技術教育を強化します。
- (7) 授業科目の展開は、教育効果の観点と他大学との単位互換等の将来的展望に立って、一部例外科目を除き、通年制ではなく半期で単位を授与する Semester 制を採用しています。
- (8) 学生の自己評価・自己管理能力を高め、教育の活性化とレベルアップを図るため、全科目についてシラバスを作成し、教科の到達目標を明確にします。
- (9) 学習効果の向上を図るため、講義・演習には、情報機器・視聴覚教材を積極的に活用します。

- (1) From early on in their studies, we offer students programs that allow for interaction with the local community, and we conduct education and research that reflects insight and imagination with regard to the community stakeholders.
- (2) We heighten our students' interest in nursing through offering specialist subjects and providing clinical nursing practices from early on.
- (3) From their first year, students are provided opportunities for small group learning in their education with the aim of gaining high quality interpersonal skills and acquiring techniques of intellectual inquiry and an appreciation of lifelong learning.
- (4) Subjects are carefully selected and allow students time for proactive intellectual inquiry based on their interests.
- (5) We foster the development of an interdisciplinary sense of learning through studying different approaches of inquiry and viewing a theme from multiple perspectives.
- (6) With the specialized subjects, we strengthen technical nursing support training by separating basic practical nursing from basic nursing and focusing on the acquisition of practical skills.
- (7) To enable future possibilities of cross-crediting with other universities, and to maximize teaching effectiveness, most subjects are offered as half year courses utilizing a semester system.
- (8) In order to enhance student autonomy: self-assessment and self-management skills, and improve learning outcomes and the activation of learning, every subject is outlined through syllabus statements and the learning goals for each subject are identified.
- (9) In order to improve learning, the active use of ICT and audio-visual aids is encouraged in lectures and practical seminars.

## 教育の概要 Course Outline

First year  
students

1

看護の基盤となる幅広い教養知識や基礎的な看護の知識・技術について学びます

後期には、地域の方々との交流を通して生活者の視点に立って考えることを目指す「ふれあい実習」や初めて病院に行き看護活動を見学します



Learning about the fundamental knowledge and skills of nursing, and broad general education that forms the foundation of nursing.

The latter half of the year sees students go out into the community on a fieldwork program designed to allow students the chance to learn firsthand the varied lifestyles of people in the local community. In addition the students have their first chance to have an observational nursing practice.



Second year  
students

2

専門科目が増え、患者さんを受け持つ病棟実習もスタートします

事例演習を通して看護の展開技術を学んだあと、実際の患者さんを受け持ち、看護実践を通して今まで学んだ知識や技術を深めていきます。

Studies become more specialized and the students start hospital based clinical practice involving taking care of patients.

After developing their skills through case-studies, students take care of actual patients, and deepen their knowledge and skills through the practice of nursing.

Third year  
students

3

各領域の実習を通して看護実践力を磨いていきます。

「母性看護学実習」「小児看護学実習」「成人看護学実習」「老年看護学実習」「精神看護学実習」「在宅看護論実習」の6領域について、実践の場に赴き、実習を行います。

Students polish their nursing practice ability in a variety of clinical settings and nursing fields.

Students rotate through six different fields of nursing clinical practice. Maternity Nursing, Child and Family Health Nursing, Adult Health Nursing, Gerontological Nursing, Psychiatric and Mental Health Nursing, and Home Care Nursing.



Fourth year  
students

4

これまでの学びの総仕上げ、そして将来に向かって。看護専門職としての研究的視点や生涯学び続ける能力を身につけるために少人数制「専門ゼミナール」で看護研究に取り組みます。

Students pull together their learning over the last few years and face forward to their future.

Students continue their studies in specialized seminars. Through close supervision they learn how to conduct research, and a recognition of the importance of lifelong learning is fostered.

学部卒業時に取得できる資格・免許

Qualification of candidacy to the following licensing examinations upon completion of undergraduate degree

看護師国家試験受験資格

National Nursing Examination

保健師国家試験受験資格

National Public Health Nursing Examination

助産師国家試験受験資格 (定員あり)

National Midwifery Examination (limited admission)



### 大学院がめざすこと

#### Aims of the Graduate School of Nursing Program

新潟県立看護大学大学院看護学研究科は、2006年4月に博士前期課程を、2018年4月に博士後期課程を開設しました。

本大学院は、「地域文化に根ざした看護学の考究」を使命としています。博士前期課程（修士課程）で修得した能力を基盤に、博士後期課程では研究を自律的に継続し、質の高い看護を構築、提供するために、学術的基盤に基づく教育・研究・管理の立場から看護の機能を発展させることに貢献できる人材を養成します。

なお、社会人学生が無理なく修学できるよう大学院の両課程ともに夜間や土曜・日曜の開講、長期履修制度を導入しています。また、博士前期課程では、がん看護学と老年看護学領域に専門看護師（CNS）資格取得に対応した授業科目を用意しています。

博士後期課程開設により、本学において看護学部から博士課程まで一貫した看護学教育を実践することが可能となっています。

Niigata College of Nursing Graduate School of Nursing established the Master's Program in April 2006 and the Doctorate Program in April 2018.

Our university is dedicated to the study of nursing rooted in the local community culture. The Doctorate Program is founded on the skills acquired through the Master's Program.

In the Doctorate Program, independent research, based on the fundamental skills acquired through the Master's Program, is continued by the students. We train individuals capable of contributing to the advancement of the art and science of nursing, from an educational, research, and managerial perspective to achieve and provide a higher quality of nursing, firmly grounded in academic foundations.

Furthermore, in order to support adult students, both graduate programs allow night-time and weekend access as well as long-term study options. The Master's Program offers a range of lecture topics supporting the acquisition of Certified Nursing Specialist (CNS) qualifications in the domains of oncology nursing and gerontological nursing.

Through the establishment of the Doctorate Program, our university is able to deliver comprehensive nursing education, from the undergraduate course, right through to the Doctorate Program.

### 博士前期課程 Master's Program

博士前期課程は、「看護管理学」、「基礎看護学」、「母性看護学」、「小児看護学」、「成人看護学」、「がん看護学」、「老年看護学」、「精神看護学」、「地域看護学」の9専門領域から構成されています。

The Master's Program consists of 9 specialised fields: Nursing Administration, Basic Nursing, Maternity Nursing, Child and Family Health Nursing, Adult Health Nursing, Oncology Nursing, Gerontological Nursing, Psychiatric and Mental Health Nursing, Community Health Nursing.

### 博士後期課程 Doctorate Program

博士後期課程は、「看護教育学」、「看護管理学」、「成人・がん看護学」、「母子看護学」、「老年看護学」、「精神看護学」、「地域・在宅看護学」の7専門領域から構成されています。

The Doctorate Program consists of 7 specialised fields: Nursing Education, Nursing Administration, Adult Oncology Nursing, Maternity Nursing, Gerontological Nursing, Psychiatric and Mental Health Nursing, Community Health and Home Care Nursing.

## 博士前期課程

### Master's Program

授業科目は、「基盤看護分野」、「共通基盤分野」、「専門分野」の3分野から構成されています。

「基盤看護分野」には、看護学の基盤となる理論や研究に関する科目、さらに高度な看護実践能力の開発に役立つ科目を設けています。

「共通基盤分野」には、学際的な視点で看護実践・研究を行うために必要となる科目を設けています。

「専門分野」は、看護管理学、基礎看護学、母性看護学、小児看護学、成人看護学、がん看護学、老年看護学、精神看護学、地域看護学の科目群から構成されています。各科目群には、看護に関する諸理論を修得する講義科目とその理論に裏づけされた技術を修得する演習科目、さらに研究のプロセスによって研究論文を作成する「看護学領域別特別研究」（CNSコースは「専門分野別課題研究」）を設けています。

Courses consist of the 3 areas: 'The Field of Foundational Nursing', 'The Field of Common Foundation', and 'The Specialised Fields'.

'The Field of Foundational Nursing' provides fundamental subjects for nursing education, involving theory and research, as well as subjects that will help cultivate advanced nursing practice abilities.

'The Field of Common Foundation' provides subjects that are compulsory for an interdisciplinary approach to practical nursing and research.

'The Specialised Fields' consist of Nursing Administration, Basic Nursing, Maternity Nursing, Child and Family Health Nursing, Adult Health Nursing, Oncology Nursing, Gerontological Nursing, Psychiatric and Mental Health Nursing, Community Health Nursing. For each of these domains, we provide lecture courses that teach various theories of nursing, and practical seminars, in which various skills supported by the theories can be acquired. Furthermore, the opportunity is provided for Nursing Domain-based Special Research (Specialisation-based Issue Research for the CNS courses), in which students, following research methodology, work on a research thesis.

博士前期課程では、次の5項目を学位授与の方針（ディプロマ・ポリシー）としています。

本大学院に2年以上在学し、履修規定に基づく修了所要単位数以上を修得し、かつ必要な研究指導を受けた上で、修士論文の審査及び最終試験に合格した学生に対し、修了を認定し、修士（看護学）の学位を授与します。そのためには、以下の能力を修得することが求められます。

1. 看護学と看護実践の発展に寄与するための基礎的研究能力を有する
2. 専門分野に関連する理論と技術を修得し、質の高い看護実践能力を有する
3. 看護の専門性を基盤に多職種と連携・協働し、かつ全体を調整・管理する能力を有する
4. 広い視野と高度な倫理観をもって看護のリーダー及び教育者としての能力を身につけている
5. 専門看護師コース修了者は、特定の看護分野における高度な知識と技術を修得し、さらに、総合的な判断力と行動力をもって組織的に問題解決をはかる能力、変革推進をはかる能力を身につけている

The following 5 categories represent the Master's Degree Conferral Policy (diploma policy).

Student who have studied at our graduate school for 2 years or more, acquired no less than the necessary number of credits based on the course regulations, and received the necessary research guidance, and passed the review for the master's thesis as well as the final examination, will have their course completion confirmed and receive their Master's Degree (Nursing). Thus, we require students to attain the following abilities.

1. The foundational research skills to contribute in the development of nursing and the practice of nursing.
2. The acquisition of the theories and skills associated with the specialised fields, and high quality nursing practice aptitude.
3. The abilities to cooperate and collaborate with a wide range of professional disciplines on the basis of the specialised nature of nursing, as well as the abilities of holistic regulation and management.
4. The acquisition of a broad perspective and advanced ethical sensibility as a leader and educator of nursing.
5. Individuals who have completed the specialised nursing course, acquire advanced knowledge and skills in a specific field of nursing. Furthermore, they attain the organisational problem solving skills and the ability to innovate utilising the capacity for comprehensive judgement and action.

## 博士後期課程 Doctorate Program

授業は、質の高い看護を提供することに貢献する看護学研究者・教育者・管理者に必要な基礎的素養の涵養にむけ、「看護学研究法Ⅰ」「看護学研究法Ⅱ」「看護学教育論」「保健医療福祉政策論」を必修の共通科目として設けています。また、専門科目として、専門領域における実践の基盤となる理論と知識、実践と研究の課題、用いられる研究方法について追究し、学位論文への取り組みへ導く「特論科目」を設けています。

We offer the compulsory common subjects of 'Nursing Research Methodology I', 'Nursing Research Methodology II', 'Nursing Education Theory', and 'Theory of Health, Medicine and Welfare Policies' in support of the fostering of fundamental elements required for nursing researchers, educators and administrators who contribute to the provision of high quality nursing. Furthermore, as 'Advanced Lectures', the course explores the fundamental theories and knowledge that form the foundation of specialised field practice, and the issues of practice and research, as well as used research methods, and offers a lead into the process of writing a thesis.

博士後期課程では、次の5項目を学位授与の方針(ディプロマ・ポリシー)としています。

所定の単位を修得し、学位論文において新しい知見を産出して、看護学や看護実践の発展に寄与する研究能力を有する者に博士(看護学)の学位を授与します。そのためには、以下の能力を修得することが求められます。

1. 看護専門職者として必要な高い倫理観と論理的思考力をもち、看護学の発展に寄与する研究を自立(自律)して行える。
2. 高等教育としての看護学教育に精通し、高度な専門的知識・技術と教育指導力をもって質の高い教育を展開することができる。
3. 看護管理の立場から保健医療福祉機関の組織運営に参画して管理機能を発揮する。看護サービスが提供される場に関与する多様な要因を把握して、看護提供システムの改善・改革の研究を指導できる。
4. わが国の社会保障制度及び保健医療福祉政策の動向を把握し、地域のニーズに合った保健医療福祉施策の進展に向けた研究的取り組みができる。
5. 看護の専門分野に存在する多様かつ複雑な問題の研究的解明とその成果を適用しつつ、属する組織や地域を超えて多職種とも連携した研究活動を推進できる。

The following 5 categories represent the Doctorate Degree Conferral Policy (diploma policy).

Those who have attained the required number of credits, explicated new knowledge in their thesis, and attained the research skills to contribute in the advancement of nursing and nursing practices, will receive their Doctorate Degree (Nursing). Thus, we require students to attain the following abilities.

1. Demonstrate a high standard of ethical sensibility and logical thinking abilities necessary as a nursing professional, as well as the ability to independently and autonomously pursue one's research that will contribute to the development of nursing.
2. Demonstrate conversance with nursing education in higher education, and is capable of instituting high quality teaching with advanced expertise and educational leadership.
3. The ability to participate in the organisational management of institutions of health, medicine and welfare, and demonstrate management skills from the perspective of nursing management. The ability to keep on top of the numerous factors that influence nursing environments, and guide research on the refinements and reforms of care provider systems.
4. Understand the trends of our country's social security system and healthcare and welfare policies, and the ability to engage in research targeting the improvements of healthcare and welfare measures that meet the regional needs.
5. Explicate through research the numerous complex issues within the specialised fields of nursing, and while applying these outcomes to multidisciplinary studies, promote research activities which extend past local organisations or regions.

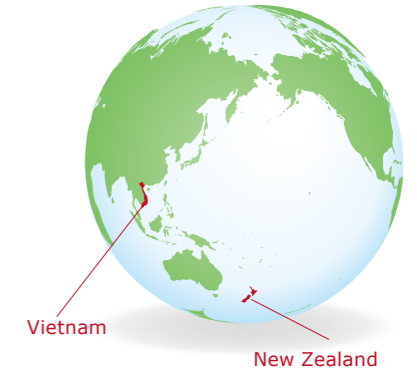
## 国際交流 International Exchange

グローバル化が進む今日、看護の世界においてもグローバル化への対応が急速に求められています。本学も、優れた国際感覚を持つ看護師の要請に向けて、看護・医療領域を重視した英語教育や国際看護論の講義をする一方、2014年から看護の学びを備えた約2週間の海外研修プログラムを実施しています。

In the present climate of increasing globalisation, there is an urgent demand for responding to this trend in the field of Nursing. Our university also provides English education and lectures on International Nursing Theory with the aim of training internationally-minded nurses. Additionally, since 2014, we have been conducting two week overseas training programs including aspects of nursing education, language and culture.

### 交流締結先 International Exchange Partnerships

ベトナム Vietnam	ホーチミン医科薬科大学 University of Medicine and Pharmacy of Ho Chi Minh City 国立クイホアハンセン病皮膚科病院 Quy Hoa National Leprosy Dermatology Hospital
ニュージーランド New Zealand	クライストチャーチ工科大学 Ara Institute of Canterbury



医療現場を訪問し、日本の法・制度との違いやそれぞれの看護の特色を学びます。

本研修の特徴的な取り組みとして、提携先病院等が実施している、ハンセン病の早期発見活動「ハンセン病予防ネットワーク」病等についても学ぶことができます。

We offer the opportunity to visit clinical settings and learn about the differences in laws and systems between Japan and Vietnam, as well as the characteristics of nursing in each environment.

As a unique feature of our training program, we additionally provide opportunities to learn about the early detection activities for leprosy, the 'Leprosy Prevention Network', implemented by our program partner hospital.



### in New Zealand



医療・福祉現場に触れ、日本の法・制度との違いやそれぞれの国の看護の特色を学びます。

本研修の特徴的な取り組みとして、現地語学クラスへの参加や全日に渡るホームステイを通して、文化や習慣、考え方の違いを直接肌で感じます。

We offer the opportunity to experience the fields of health and welfare, and learn about the differences in laws and systems between Japan and New Zealand, as well as the characteristics of nursing in each country, in particular. We give special focus to the healthcare systems offered to children and the elderly in New Zealand.

As a unique practice of our training program, we provide opportunities to directly experience the differences in cultures, customs and ideas through participation in local language classes and homestay accommodation throughout the program.

# 学生インタビュー Student Interview

## 学部生 Undergraduate Student

地域と密接に関わりながら、  
興味がある分野を学ぶことにやりがいを感じています

It is very rewarding to be able to closely interact with the community, while learning about the various fields in which I am interested.

新潟県立看護大学は、単科大学で人数が少ないことから、学年をこえて学生同士仲が良いことが特徴です。先生方も学生一人一人をよく見ており、沢山のアドバイスをもらうことが出来ます。自分の学びたい、興味ある看護の領域について深く学ぶことにやりがいと面白さを感じています。

私は、1年生の時にニュージーランド看護研修に参加しました。海外の看護事情を実地で学ぶ機会は貴重だと考え、思い切って参加しましたが、初めての海外、初めてのホームステイということもあり、最初はとても緊張しました。しかしながら、ホストマザーが親切にくださり、結果としてとても充実した研修になりました。ニュージーランドの空の下で、風を感じながら丸かじりしたリンゴの味は忘れられません。

学生は自分の興味があるサークルに複数参加しているケースが多いのですが、私は学生自治会長をやりながら、災害看護、合唱、手話、認知症サポートサークル等、沢山のサークルに参加しています。災害看護サークルにおいては、地域の方々と防災、減災を考える活動をしたり、合唱サークルにおいては老人ホームなどで合唱を披露するボランティアを行ったりしています。また、私は老年看護学に興味があるため、個人的にも老人ホームでボランティアを行っています。

看護や地域に関する多くの活動を通じて、大学の魅力や面白さを感じています。



大久保 奏 / KANADE OKUBO  
Undergraduate Program



One of the unique characteristics of Niigata College of Nursing is that students grow close to one another, across grades because of its relatively small size. The lecturers carefully supervise each student, and thus, students can receive a lot of advice. It is very rewarding and enjoyable to be able to explore in depth the specific fields of nursing that I am interested in.

In my first year I joined the New Zealand overseas nursing program. I thought the opportunity to go to a country and learn about the state of the nursing situation there, would be very valuable, so I decided to put up my hand to participate. Since it was my first time traveling overseas, and first homestay experience, I was very anxious at first. However, my homestay mother was very kind to me, and in the end it was a very positive and enriching training program. I will never forget the taste of that apple I had, sitting outside in the breeze, under New Zealand's bright blue sky.

Many students choose to join a number of club activities they are interested in. I am the president of the student council while also participating in a number of other clubs including, disaster nursing, chorus, sign language, and a dementia support club. For the disaster nursing club, we engage in activities where we think about disaster prevention and disaster reduction with the local community, and for the chorus club we participate in volunteer activities where we give choral performances at nursing homes. Furthermore, I am personally interested in gerontological nursing and also participate in other volunteer activities at nursing homes.

Through various activities involving nursing and the local community, I am really enjoying university life.

上：ホストマザーと（ニュージーランド研修）  
Image above: With host mother (New Zealand study program)  
下：エコノミー症候群予防体操（災害看護サークル）  
Image below: Economy-class syndrome prevention exercise (Disaster nursing club)



## 大学院生 Postgraduate Student

周囲のサポートに感謝しながら、研究に邁進しています

I'm moving forward with my research while feeling appreciative of all the support.

私は新潟県立看護大学を卒業してから外科、精神科で看護師としての経験を積み、大学教員の道を志したことから、再び本学に戻ってまいりました。現在は本学の教員として働きながら、大学院で精神看護学を学んでいます。

博士前期課程を修了し、現在は博士後期課程で学んでいますが、臨床で働いていた時には想像していなかった深い学びを、看護学のエキスパートに指導してもらえることに魅力を感じています。また、大学院で研究するとともに、様々な研究の経験を得られればと思い、学内の共同研究にも参加しています。

仕事と大学院の両立については、確かに大変ではありますが、周囲の先生方のご理解をいただき、何とかこなせています。手がまわらなくなるときもありますが、周囲の先生方が調整してくださったり、仕事を分担してくださったりと配慮いただいています。周囲の理解とサポートがあることで自分でも無理し過ぎずに両立できていると思いますので、みなさんにはとても感謝しています。

また、職場と大学院が同じ場所にあることで、移動時間のロスが無いことや、仕事の合間に研究に関する文献検索が出来ること、指導教員への相談も容易に出来ることなど、立地上の利点も感じています。

恵まれた環境で研究活動ができることに感謝と大きな魅力を感じています。



安達 寛人 / HIROTO ADACHI  
Postgraduate Doctorate Program

After I graduated from Niigata College of Nursing, I gained experience as a psychiatric nurse and returned to this university, aspiring to become a university educator. Currently, I am working as a faculty member of the university, while studying Psychiatric and Mental Health Nursing at the postgraduate program.

I have completed the Master's Program and am currently studying in the Doctorate Program, with the guidance of nursing experts. I am fascinated to be able to learn at a level deeper than I had ever imagined in my professional clinical experience. Furthermore, alongside my postgraduate research, I also participate in university group research projects to gain diverse experiences in researching.

Although it is challenging to maintain a balance between work and the postgraduate program, the teaching and research staff around me are understanding of my situation, so I am able to push forward. There are times when I am too busy to deal with every task, but my colleagues support me by adjusting timetables or helping me with my tasks. I am very grateful for all the support and understanding, as I am able to maintain a healthy work and study balance.

Moreover, since my work space and the university are the same place, I benefit from not having to waste travel time, and I am able to search for relevant literature in between working hours, as well as easily consult academic supervisors.

I am grateful to be conducting my research in such an excellent environment.



上：大学院における研究指導  
Image above: Receiving postgraduate research guidance  
下：学部生に対する授業風景  
Image below: A scene from an undergraduate class

## 図書館 Library

採光のとれたゆったりした館内で看護学や医学にじっくり向き合うことができます。

半円形2階建ての明るい館内には、保健医療福祉分野を中心とした図書が約62,000冊、雑誌や電子ジャーナルも700タイトル所蔵しています。

さらに医学中央雑誌 Web、最新看護索引 Web、CiNii、CINAHL など文献検索ができるオンラインデータベースを導入し、教育研究環境の整備にあたっています。

The library is a light and airy space that is conducive to nursing, medical science study and research.

The semicircular two story layout of the library holds a collection of around 62,000 titles in the fields of health, medicine and welfare, and around 700 periodicals and digital journals.

In addition, we maintain our academic research environment through the introduction and use of the following online databases: Japan Medical Abstracts Society Web, the Current Index to Nursing Literature, CiNii and CINAHL.

### 開館時間 Opening Hours

平日	9:00～20:30	Weekdays	: 9:00am-8:00pm
土曜日	9:30～16:30	Saturdays	: 9:30am-4:30pm



## 看護研究交流センター Niigata Research Institute of Nursing

看護研究交流センターは大学と地域の交流の場として、本学の教育・研究の成果を地域でいきいきと生きていく人々に活用していただくために設立されました。

Niigata College of Nursing has established the Niigata Research Institute of Nursing, which is a center for a variety of exchanges with the community. The institute was founded to share the results of our education and research programs with the wider community in the hope that such efforts will be of benefit in people's lives.

### いきいきサロン "Iki-iki Salon" (Full of Life Forum)

健康に関心のある地域の方に向けて、地域のホームドクターや本学教員が健康でいきいき生活するための講演会を開催しています。

We hold forums for the promotion of healthy and vibrant lives by doctors and university faculty, for local residents interested in healthcare.

### どこでもカレッジ "Dokodemo College" Public Seminar

現職の看護師や潜在看護師のリカレント教育を推進するため、公開講座を開講しています。

We hold public lectures to promote recurrent education for current professional nurses and the potential nursing workforce.

### 地域課題研究 Community Research Project

新潟県内の保健・医療・福祉に携わる看護職を対象に、地域の看護実践での課題解決に向け、本学教員と共同研究を行います。

We provide opportunities to conduct research with our university faculty members, targeting nursing professionals involved with health, medicine and welfare in Niigata prefecture, to help resolve the issues of local nursing.



このほかにも、教員が地域に直接出向いて講演を行う出前講座や、医療分野の著名人を招いた講座など、様々な取り組みを実施しています。

We also undertake a number of other initiatives aimed at developing ties with the local community, including offering visiting lectures by our teaching staff, and inviting well known guest speakers from the field of health and medicine.

新潟県は、日本列島のほぼ中心部に位置し、春夏秋冬、四季の変化がはっきりしています。海や山でのアウトドアはもちろん、豪雪地帯である新潟では、冬にはスキーやスノーボードを楽しめます。

伝統ある花火大会や、黄金色に広がる田園風景など、多くの新潟の魅力に触れてみてください。

Niigata is located near the centre of the Japan archipelago, with distinct changes of the four seasons. People enjoy outdoor activities at the beach and in the mountains throughout the year, with skiing and snowboarding during the heavy snowfalls in winter being especially popular.

Discover the charms of Niigata from the fascinating traditional fireworks displays and the gorgeous countryside landscapes, with rice fields extending to the horizons.



SADO



SHIBATA, MURAKAMI



NIIGATA, AGA

NAGAOKA, KASHIWAZAKI



JOETSU, MYOKO



UONUMA, YUZAWA



©Niigata Visitors & Convention Bureau

新潟県立看護大学は、新潟県の上越市に所在しています。東京から上越までは新幹線で約2時間です。大学は上越妙高駅から車で約15分のところにあります。

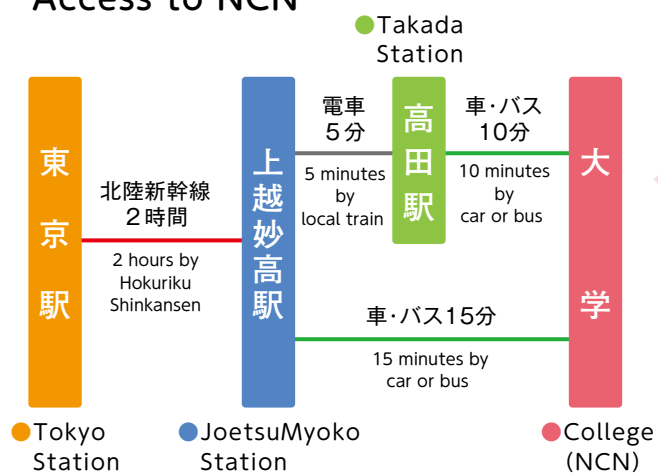
大学に隣接している高田公園は、桜の名所で、春には100万人以上の観光客が来訪します。約4,000本の桜が高田城を囲み、ぼんぼりに照らされて映える美しさは、日本でも有数のものとして知られています。

Niigata College of Nursing is located in Joetsu City in Niigata Prefecture. It takes about 2 hours by bullet train from Tokyo to Joetsu. The university is about 15 minutes by car from Joetsu Myoko (bullet train) station.

The adjacent Takada Park is a popular location for cherry blossom viewing, with over one million visitors in spring. There are approximately 4,000 cherry trees surrounding Takada Castle, and the night view lit by paper lanterns is known as one of the most beautiful sights in Japan.



## Access to NCN



公立大学法人  
**新潟県立看護大学**

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Niigata College of Nursing

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