



Niigata College of Nursing



遊友

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“YUYU”

Toward building a meaningful life
The spirit of Niigata College of Nursing

The spirit of Niigata College of Nursing “YUYU” has various and rich meanings that are the following.

- Independence and Autonomy
- Freedom
- Satisfaction
- Vitality and Creativity

Through the spirit of dedication to community, Niigata College of Nursing will contribute to the quality of the nursing education and social change in ways that foster health.

Well thought out community and culture - based nursing science

To act within the context of a society and economy made up of diverse customs and cultures and human behavior related to the provision of health care.

To improve community-based health care rooted in the cultures of the individual, the local community, and the international community.



The Niigata College of Nursing (NCN) was newly established in April 2002. It is located in a place of great natural beauty – the Japan Sea to the north, the Myoko Mountain Range to the south and the Sekikawa River to the west. Within this region is a school with the most up-to-date education and research facilities. In order to operate in accordance with our motto of being “a college that pursues community and culture -based nursing science,” we are actively promoting cooperation and interaction between students, the college and the community.

“Health Care and Nursing” is the focus of health care in the 21st Century since everyone wants quality care that enables the best life possible at the point at which health care is required. We all want health care that meets our need for a safe and comfortable treatment environment. Moreover, we expect it to be provided by health care professionals who demonstrate their knowledge and skill in a compassionate manner, providing explanations that are easy to understand following a policy of informed consent. The science of nursing can be called the science of art. The Niigata College of Nursing provides hands-on training where students wishing to become nurses, public health nurses, and midwives can learn the basics of nursing science in a nurturing, yet disciplined atmosphere. Until recent changes, nursing was long regarded as an occupation for women. However, as in other fields, nursing is now considered to be an attractive occupation for both men and women.

The Niigata School of Nursing cultivates students to develop wide interests and lead fulfilling lives through their studies of human sciences and practical science, while at the same time nurturing their ability to communicate, a skill essential for human interaction. Accordingly, students participate in small basic seminars in areas of interest from the first year. The integration of knowledge, skills and theory is sought through such activities as interaction with people living in the community, exercises in nursing techniques, and clinical training. The goal of hands-on training in the first year is for students to experience the meaning of working as a professional in the community. From the second year, students learn the mechanisms of the human body and pathology in detail, while at the same time acquire the specialized knowledge and techniques of nursing. Special attention is paid to the development of clinical competence. Teaching focuses not just on what the nurse provides the patient, but attempts to nurture a clinical ability that enables students to predict the care that each patient expects from the nurse. Full-fledged clinical training starts at the end of the third year. In the fourth year, students prepare a graduation thesis after finishing an integrated clinical practicum and specialized seminars of their choice. This curriculum is unique to our college. We look forward to welcoming those of you who are interested in nursing and who seek a balanced and human life.

Greetings from the President



Kieko Nakajima
President,
Niigata College of Nursing

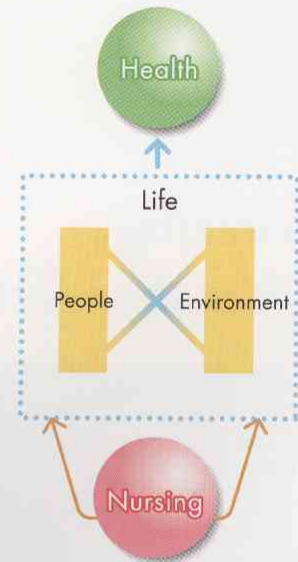
Curriculum



The needs that nursing must meet in today's society cover a wide range – from disease prevention through health promotion and rehabilitation to terminal care. The Niigata College of Nursing prepares students to meet these needs by providing them with knowledge and skills, and nurturing them to excel at understanding the patients' feelings and requirements.



Learning starts with understanding people. Students learn how various factors in our living environment influence health from a nurse's point of view.



Curriculum							
	freshman			sophomore			
General education	Philosophy	Psychology	Sociology	Pedagogy	Anthropology	Jurisprudence	
	Biology		Chemistry	Ecology of Environment			
	English I (Conversation)		English I (Reading)		English I (Writing)		
	Health and Sports Science						
	Seminars for Basic Nursing Science						
Related education	Regional Economic Theory		Administrative Law			Welfare of Community	Medical Law
	Computer Science		Information Processing			Behavioral Aspect of Health and Illness	
	Human Anatomy and Physiology I	Human Anatomy and Physiology II	Microbiology	Clinical Biochemistry		Nutritional Science	Clinical pharmacology
Nursing education	Ethics in Nursing Practice		International Nursing			Theory of Social Security System	
	History of Nursing Philosophy and Science		Fundamentals of Home Care			Community Work	
	Practice in Basic Health Care I		Practice in Basic Health Care II				
		Nursing Art	Practice in Nursing Skill I		Practice in Nursing Skill II	Clinical Practice in Basic Nursing II	
					Adult Health Nursing I	Adult Health Nursing II	
					Maternity Nursing I	Maternity Nursing II	
					Child Health Nursing I	Child Health Nursing II	
					Gerontological Nursing I	Gerontological Nursing II	
					Psychiatric Mental Health Nursing I	Psychiatric Mental Health Nursing II	
					Community Health Nursing I	Community Health Nursing II	
Integrated education	Integrated I						

Goals of the College of Nursing

Nurturing students to become and caring individuals who understand the sacred nature of life and the joys and sorrows of others.

The most important feature of nursing is compassion. The Niigata College of Nursing grooms students to share in the joys and sorrows of others, nurturing their ability to feel compassion.

Cultivating the skills, knowledge and scientific judgment needed to deal with all types of life situations.

While cultivating an orientation towards self development with deep insight, we train nurses to deal flexibly with the diverse and changing health needs of people today by providing basic and advanced knowledge and skills.

Educating students to look at nursing from the overall perspective of health, medicine and welfare, giving them the ability to coordinate all these aspects of nursing.

Students are educated to look at nursing from an overall perspective that takes into account health, medicine and welfare. By working and cooperating with people in



related fields during training, students become capable of coordinating and supervising the overall plan.

Cultivating the ability to communicate and to catch changes in society.

We educate students to accurately assess diverse information, and while building on the knowledge that students gain by themselves, we help enable them to correctly express themselves.

Enable people to look at and think about matters from a global perspective as members of the international community.

We teach students to become active members of the international community by improving language skills and enabling them to function beyond the borders of community or country in the widely expanding field of nursing.

	junior		senior		
			Religious Studies		
English II (Writing)					
Public Health Science & Epidemiology	Health Care Statistics Public Administration and Policy of Health Care, Medical and Social Services				
				Nursing Administration I	
				Nursing Administration II	
	Practice in Adult Health Nursing I Practice in Adult Health Nursing II	Clinical Practice in Adult Health Nursing			
	Neonatal Nursing Practice in Maternity Nursing	Clinical Practice in Maternity Nursing			
			Midwifery I	Midwifery II	Clinical Practice in Midwifery
	Practice in Child Health Nursing	Clinical Practice in Child Health Nursing			
	Practice in Gerontological Nursing	Clinical Practice in Gerontological Nursing			
	Practice in Psychiatric Mental Health Nursing	Clinical Practice in Psychiatric Mental Health Nursing			
	Community Health Nursing III Practice in Community Health Nursing		Clinical Practice in Community Health Nursing		
			Nursing Seminar	Selected Nursing Practice	Graduation Thesis Research
					Integrated II

Course and Faculty Members

Chair	Course	Faculty Members			
		Professor	Associate Professor	Lecturer	Assistant
Basic Nursing Science	Human Science			Hiroyuki Watanabe Yasuhiro Otomo Sookja Suh	
	Information Science		Akihiro Hashimoto Hiroki Nakamura	Junko Yamamoto	
	Human Anatomy and Physiology	Osamu Sugita Masaharu Nakano Shin-ichi Sekiya			
	Pathophysiology	Naoki Yoshiyama			
	Public Health Science & Epidemiology	Ariko Noji			
	Fundamentals of Nursing	Kieko Nakajima	Izumi Nakagawa Kyoko Asakura	Yuko Otomo	
Fundamentals of Clinical Nursing	Nursing Art Practice in Nursing Skill Nursing Administration		Ryoko Hori	Yoko Mizuguchi Yumiko Matsushita	Noriko Okamura Reiko Kago
Adult Health Nursing	Adult Health Nursing I (Chronic)	Mitsuho Kato		Yoko Sugunari Yoshiko Sakai	Chie Iida Minako Kabasawa
	Adult Health Nursing II (Acute)	Kayoko Fukasawa	Yuko Kobayashi		Masami Yamada Kaori Imaizumi
Maternal-Child Nursing	Maternity Nursing Midwifery	Kimiko Kashiro		Kyoko Sasano Keiko Wada	Masako Abe Mayu Takatsuka Mayumi Nishikata
	Child Health Nursing	Masako Kako		Miyuki Inoue	Akiko Okubo Yukiko Kanai
Community Gerontological and Psychiatric Mental Health Nursing	Gerontological Nursing	Kimiko Tanaka	Kimiko Kitagawa		Yuuka Kashiwagi Chitose Karasawa
	Psychiatric Mental Health Nursing	Takako Tomikawa			Haruna Toshinari
	Community Health Nursing	Misako Sasaki		Keiko Kobayashi Noriko Hirasawa Yoshie Iiyoshi	Tomoko Saito

Library



The College Library has a collection of materials predominantly on nursing.

Any person who wishes to make use of the library or its materials is welcome to do so.

The staff welcomes anyone who wishes to research information on nursing.

Please make use of this facility.

Hours: Monday-Friday 9:00 am – 8:30 pm

Saturday 9:30 am – 4:30 pm

Closed: Sundays and holidays that are observed by the College.

You should confirm hours with the library staff beforehand.

Services: Borrowing and lending of materials. Photocopying.

Please ask the library staff.



Library

The library is bright and spacious, with two floors. It has a wide selection of books, journals, and audiovisual materials, etc. for learning, teaching and research needs. Seating is available for 48 people on the first floor, with 32 seats on the second floor. There is also an AV booth and a full variety of learning materials.



Reception hall



Classroom



Computer room

CAMPUS LIFE



Joint lecture room

College's calendar

- 4 Entrance ceremony
Start of a first semester
- 5 Commemoration of
opening of college(May 8)
- 6 Ball tournament
- 7 Summer break
- 8
- 9
- 10 Start of a second
semester
- 11 College festival
- 12
- 1
- 2
- 3 Spring break

Practice in basic
health care I

Outreach in community

Practice in basic
health care II



Ball tournament



College festival



Outreach in community

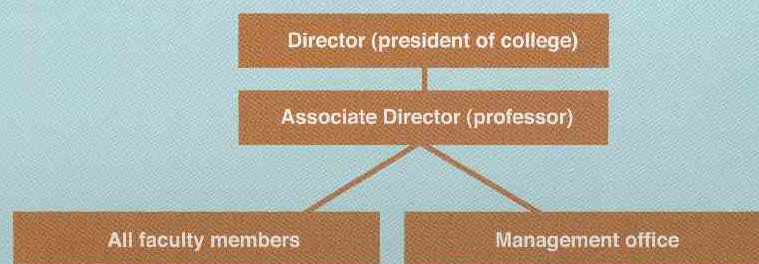


Seminar

Niigata Research Institute of Nursing

The Niigata Research Institute of Nursing(NIRIN) was established in order to contribute to the improvement of health, medicine and welfare for the citizens of Niigata Prefecture through its research on the problems facing the community and administration and its community support activities. In the future, through the activities of the Niigata Research Institute of Nursing, while building a network of people in the prefecture and related facilities and groups, we will proceed with our mission of "Research in the nursing sciences rooted in the local culture," contributing as actively as possible to the community.

■ The NIRIN Constitution



Section I

Research Projects on Community Issues

Research surveys are conducted on the following four topics:

- Comprehensive nursing care for elderly people residing in the heavy snow region of Niigata.
- Framework of nursing professionals in the fields of continuing care.
- Establishment of resource archives for health care providers.
- Health promotion for the very-elderly and disabled by multiple methods of information technology.

Section II

Continuing Education Programmes on Health Promotion

- **Classes for citizens**
Classes are open to all peoples residing in Niigata Prefecture.
- **Classes for nurses**
Classes are open to nursing professionals.
- **Outreach classes**
Classes by teaching faculty NCN are dispatched into the community to give lectures that highlight the unique nature of our institution.

Section III

Promoting on Inter-professional Network

- Reports on the status of activities of NIRIN published as Newsletter.
- Provide implemental methods for establishing inter-professional networks in the local community.

Field / Subject for Research of Faculty Members

Professor

Kieko Nakajima	Nursing care and environment for the elderly with dementia
Mitsuho Kato	Adult care nursing
Kimiko Tanaka	A study about self-care of senior citizens
Takako Tomikawa	Psychiatric nursing, Self-concept of persons with schizophrenia
Misako Sasaki	Health care service by public health nurse in municipality
Osamu Sugita	The measurement of antioxidant activity
Naoki Yoshiyama	Nephrology, Family practice, Medical education
Masaharu Nakano	Pediatric orthopedic surgery, Congenital hip dislocation
Kimiko Kashiro	Sex education, Midwifery history, Posture of pregnant women
Shin-ichi Sekiya	Anatomy of the peripheral nervous system
Masako Kako	Nursing care of chronically ill children
Kayoko Fukasawa	Peri-operative nursing, Critical care, Nursing management, Nursing economics
Ariko Noji	Women's health and nursing care for middle age and beyond

Associate Professor

Ryoko Hori	Infection control and nursing care, Nursing art and education
Izumi Nakagawa	Home visit nursing, Community care system, Nursing politics
Akihiro Hashimoto	Mathematical informatics and statistics
Hiroki Nakamura	Teaching English as a foreign language
Kimiko Kitagawa	End-of-life care for persons with dementia
Yuko Kobayashi	Postoperative acute confusion, Stress among nurses
Kyoko Asakura	Gender/sexuality studies, Women's studies, Nursing philosophy

Lecturer

Keiko Kobayashi	Community health nursing, Child abuse and neglect
Yoko Sugunari	Adult health nursing, Quality of life, Self care
Noriko Hirasawa	Community nursing, Intractable illness nursing
Miyuki Inoue	Ethic of pediatrics nursing
Yoko Mizuguchi	Education of clinical practice in nursing
Yoshie Iiyoshi	Community nursing, Community-based health care
Kyoko Sasano	Breastfeeding
Junko Yamamoto	Multimedia learning environment for ESP
Yuko Otomo	International health, Primary health care, Social policy
Sookja Suh	Behavioral studies of health and illness, HIV prevention
Keiko Wada	Maternity care on mental health
Yasuhiro Otomo	Co-operative studies, Social policies, Economics
Hiroyuki Watanabe	The sociology of social welfare
Yoshiko Sakai	Cancer nursing, Terminal care
Yumiko Matsushita	Medical waste management, Environmental education in nursing

Assistant

Masami Yamada	Nursing interventions in critical care
Akiko Okubo	Pediatric nursing, Nursing education, Terminal care
Masako Abe	Analyses and upgrading of nursing skills in infertility treatment
Noriko Okamura	Teaching methods on communications in nursing
Mayu Takatsuka	Childbirth(homebirth) and breastfeeding
Tomoko Saito	Care management for persons requiring care at home
Yukiko Kanai	Psychology of the child in play, Pediatric nursing
Yuuka Kashiwagi	Elder patients with cancer, truth telling, decision making
Haruna Toshinari	Psychiatric nursing
Mayumi Nishikata	Support for premature-birth woman and baby
Chitose Karasawa	Dementia care, analysis of the meaning of body movement
Chie Iida	Experimental studies of moderate temperature burns
Minako Kabasawa	Cancer nursing and palliative care
Kaori Imaizumi	Nursing care of patients with aphasia and their families
Reiko Kago	Stress among clinical nurses

Campus Location



 Niigata College of Nursing

School of Nursing

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